



WHAT'S HAPPENING

CMOM Events, Children's Museum of Manhattan, The Tisch Building, 212 W. 83rd St., (212)721-1223, www.cmom.org. **HANDS ON HEALTHY TOTS**: Discover creative ways to introduce toddlers to nutrition and healthy living through games, stories, science experiments and art activities in Hands-on Healthy Tots. Ages 2-4. 1/5; 11am and 2pm. **PERFORMANCE**: Join the world-famous Harlem Gospel Choir as it

performs inspirational gospel music. 1/21; 3 and 4pm. **WE CAN**: Cat Cora, the Food Network's first and only female Iron Chef, and the founder and president of Chefs for Humanity, comes to CMOM as part of We Can!, a national education program, offering tips to help families increase physical activity and improve food choices. She is joined by other celebrities from Chefs for Humanity to teach a hands-on nutrition workshop for families. 1/26; 1pm.